Child Studies 120

Ms. Courtney

Room 568

**Test 2 Review – Parenting and Child Care**

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1. **Parenting:**
2. Parenting Styles (Page 83)

* authoritarian
* democratic
* permissive

1. Ways to Build Parenting Skills (Page 83 – 84)

* reading books/magazines about parenting
* hands-on experience with children
* seeking advice from family and friends
* observing other parents interacting with their children

1. Parenting Tasks (Page 84 – 86)

* meeting children’s needs
* nurturing

1. Communicating Positively (Page 86 – 87)

* six techniques

1. Understanding Guidance (Page 88 – 89)

* heredity
* environment

1. The Importance of Consistency (Page 89 – 90)
2. Ways of Encouraging Appropriate Behavior (Page 90 – 93)

* setting a good example
* explaining what is expected
* praising appropriate behavior
* providing choices

1. Setting Limits (Page 93 – 95)

* What should limits be?
* making limits clear

1. Dealing with Inappropriate Behavior (Page 95 – 98)

* unintentional misbehavior
* using punishment effectively
* poor disciplinary measures

1. Handling Conflict (Page 98 – 99)

* using words
* speaking calmly
* counting to ten

1. **Child Care:**
2. The Need for Substitute Care (Page 101 – 102)
3. Types of Substitute care (Page 102 – 108)

* home-based care
* center-based care
* care for older children

1. What to Consider When Choosing Substitute Child Care (Page 108 – 111)

* cost of substitute care
* sources of information
* what to look for

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