Child Studies 120

Ms. Courtney

Room 568

**Test 2 Review – Parenting and Child Care**

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1. **Parenting:**
2. Parenting Styles (Page 83)
* authoritarian
* democratic
* permissive
1. Ways to Build Parenting Skills (Page 83 – 84)
* reading books/magazines about parenting
* hands-on experience with children
* seeking advice from family and friends
* observing other parents interacting with their children
1. Parenting Tasks (Page 84 – 86)
* meeting children’s needs
* nurturing
1. Communicating Positively (Page 86 – 87)
* six techniques
1. Understanding Guidance (Page 88 – 89)
* heredity
* environment
1. The Importance of Consistency (Page 89 – 90)
2. Ways of Encouraging Appropriate Behavior (Page 90 – 93)
* setting a good example
* explaining what is expected
* praising appropriate behavior
* providing choices
1. Setting Limits (Page 93 – 95)
* What should limits be?
* making limits clear
1. Dealing with Inappropriate Behavior (Page 95 – 98)
* unintentional misbehavior
* using punishment effectively
* poor disciplinary measures
1. Handling Conflict (Page 98 – 99)
* using words
* speaking calmly
* counting to ten
1. **Child Care:**
2. The Need for Substitute Care (Page 101 – 102)
3. Types of Substitute care (Page 102 – 108)
* home-based care
* center-based care
* care for older children
1. What to Consider When Choosing Substitute Child Care (Page 108 – 111)
* cost of substitute care
* sources of information
* what to look for

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