Child Studies 120

Ms. Courtney

Room 568

**Test 1 Review - Child Development and Families**

1. **Child Development:**
2. Definition of Child Development
3. Ways Children Benefit from Play
* ![C:\Users\cheryl.courtney\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\K42H0YF0\MP900408962[1].jpg]()physically
* socially
* emotionally
* morally
* intellectually
1. Benefits to Studying Children
* to gain skills
* to understand yourself
* to build for the future
1. Childhood Past and Present
* work
* play
* education
* health
* dress
* parental love
1. Characteristics of Development
* Development is similar for everyone.
* Development builds on earlier learning.
* Development proceeds at an individual rate.
* The different areas of development are interrelated.
* Development is continuous throughout life.
1. Influences on Development
* heredity
* environment
1. Development after Childhood
2. Why Self-Esteem is Important in Development
3. **Family:**
4. The Functions of a Family
* meeting basic needs
* preparing children to live in society
1. Family Structures
* nuclear
* single-parent
* blended
* extended
1. Trends Affecting Families
* mobility
* cultural diversity
* aging population
* economic changes
* workplace changes
* technology
1. Ways of Coping with Pressures on the Family
* Avoid scheduling too many activities.
* Watch for clues that family members need a break.
* Focus on responsibilities and / or activities that people enjoy.
* Schedule family meals.
* Plan ahead.
* Maintain your sense of humor.

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