

- The myelin sheath is not well developed at birth, and babies' movements are jerky and uncoordinated.
- The gap between cells across which the impulse must travel is known as the synapse.
- Neurotransmitters are chemicals used to transmit the impulse across the synapse.
- The human nervous system is separated into two major divisions: the central nervous system and the peripheral nervous system.
- The brain is wrapped in a triple layer of connective tissue called the meninges.
- Between these layers and the brain is the cerebrospinal fluid, which acts as a shock absorber and allows exchange of nutrients and waste.
- The spinal cord connects the brain to the rest of the body through 31 pairs of spinal nerves, and has the ability to process certain reflex actions.
- The peripheral nervous system refers to everything outside of the brain and spinal cord.
- The PNS has two main parts: the somatic nervous system, and the autonomic nervous system.
- The somatic nervous system coordinates voluntary actions.
- The autonomic nervous system coordinates involuntary actions, and is divided into the sympathetic and parasympathetic nervous systems.
- The sympathetic and parasympathetic systems have opposite effects on the same organs.
- The sympathetic system functions under stress by increasing the heart rate, dilating the pupils, and inhibiting digestion.
- The parasympathetic system brings things back to normal by decreasing the heart rate, constricting the pupils, and stimulating digestive activity.
- In the human eye, light enters through the cornea a tough, transparent layer.
- Light then passes through the fluid-filled chamber called the aqueous humor.
- Behind the aqueous humor is the iris, or the colored part of the eye.
- The pupil is actually a small opening in the iris which regulates the amount of light entering the eye.
- Behind the iris is the lens, which can be adjusted by tiny muscles to help the eye focus.
- Behind the lens is the vitreous humor which is the clear, jelly-like fluid which fills the eye.
- The lens focuses light onto the retina at the back of the eye.
- Nerves which are sensitive to light (or photoreceptors) on the retina convert light energy into nerve impulses.
- Rods are sensitive to light, but do not distinguish color; cones are less sensitive, but produce color vision.
- The optic nerve passes through the back of the eye. Because there are no photoreceptors here, a blind spot is created.
- The eardrum, or tymppanum, vibrates according to the sound waves it receives.
- Sound waves are transmitted to the inner ear, or cochlea, by three tiny bones.
- The semicircular canals monitor your body position and provide your sense of balance.
- The senses of smell and taste are provided by chemoreceptors, which convert chemical energy into nerve impulses.

Evolution

- Charles Darwin, author of *The Origin of Species*, changed the course of scientific history in the early 1800's with his radical theories.
- Darwin's voyage aboard the H.M.S. Beagle led him to propose a revolutionary hypothesis about life.
- On the Galapagos Islands, Darwin observed the characteristics of many plants and animals, such as finches and tortoises.
- His theories centered mainly around the concepts of evolution and natural selection.
- A scientific theory is a well-supported, testable explanation of phenomena that occur in the natural world.
- At the time Darwin presented his case, popular European beliefs included: the Earth was only a few thousand years old; and the planet and all its inhabitants were created and had not changed over time.
- Hutton proposed that the Earth is shaped by geological forces that took place over millions of years.
- Lyell stressed that scientists must be able to explain past events in terms of processes that could be observed in the present day.
- Lamarck observed that organisms change over time, and that they are adapted to their environments.
- Darwin asked, "If Earth could change over time, then could life change as well?"
- Lamarck's hypothesis was later found to be incorrect.